

Dr V's ANGEL WORKBOOK



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MODULE 1- DAY 1



The Angelic Hierarchy; Who is who and who does what?



Introducing the Almighty Powerful Archangels.



Three Step Clarity Process.



Angel Groups: choose and invite the ones that are most beneficial in your daily life.



Golden Time.



**How to receive Messages from Your Angels;
The 6 Clairs.**



Relaxing Guided Angel Meet and Greet Meditation

Take home your workbook with the names of you Angelic helpers, their advice and an inspired action plan for positive change in your life.

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STUDENT'S NAME :

WORKSHOP DATE :

The Archangel Menu

AA ARIEL: oversees elementals, heals wild animals, helps with the environment

AA AZRAEL: escorts the dying to the Other Side, assists ministers and spiritual teachers

AA CHAMUEL: finds us a new lover, new friends, a different job or any lost item.

AA GABRIEL: this messenger of God helps writers, teachers and journalists. Communicates conception, adoption, pregnancy, birth. She helps to overcome procrastination.

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The Archangel Menu

AA HANIEL: adds peace, serenity, good company, beauty, harmony, grace to your life

AA JEREMIEL: inspires us to serve and to attain Divine Wisdom. He provides emotional healing and forgiveness.

AA JOPHIEL: Patron of Artists. She beautifies the planet, cleansing its pollution. Declutters your life.

AA METATRON: Guides humans at the start of their spiritual journey. Helps crystal and Indigo children.

AA MICHAEL: Cuts etheric cords to energy vampires, genetic and hereditary disease, past lives... Releases the effects of fear. Personal bodyguard. Fixes electronics. He helps you to remember your life purpose and gives you the courage to follow through.

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The Archangel Menu

AA RAGUEL: Justice for the underdog. Attain balanced power and fairness. Harmonizes all relationships.

AA RAPHAEL: Physical Healing of human injuries and illnesses (including pets). Patron of Travellers.

AA RAZIEL: Understanding of Esoteric Material and Dreams, Alchemy, Past life, Manifestation work

Which Archangel is already prominent in my life?

How Do I know this?

Which Archangel's presence would I like to invoke in my life?

Why?

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Three Step Clarity Process

Q1: Make a list of the things you could do in your daily life:



Q2: Make a list of things you should do in your daily life:



Q3: Make a list of things you would like to do:



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The Angel Teams

Angels of Abundance give career boosts, financial windfalls, Divine timing of career moves.

Healing Angels (Raphael) energy healing, release negativity, inspire healers.

Moving Angels find the perfect home, help you sell your house, easy relocation, protect your belongings.

Romance Angels (cherubs) heal relationships and bring soulmates
Fitness Angels boost your motivation to stay/keep fit. They stop cravings and excuses. They help you choose nutritious food.

Nature Angels (devas, fairies, elementals) assist you with gardening and ecological choices. They attract butterflies and birds to your garden.
Driving and Parking Angels find your destination, arrive on time, find a parking space.

Beauty Angels (Jophiel) chooses your best outfit and hairstylist. She makes you glow from the inside.

Family Angels (Gabriel and Metatron) help you with all aspects of Child rearing, domestic peace and unity and protect your home.

Warrior Angels (Michael) protects the underdog and guards children against (domestic) violence. Supports charities.

Which Angel teams would I like to invite to make my daily life easier? Why?



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What are my Clairs?

What is the question I want to ask my Guardian
Angels and other celestial beings today?

Answer these questions after Angel
Meet & Greet guided Meditation

Who did I meet?

How many beings were there?

Did I catch any names?

What did I hear?

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What did I see?

What did I feel?

What do I know?

Did I receive a present?

What is my take home message?

What do I want to work on?

What do I have to work on?

What do i need to work on?

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Write down an Action Plan

What is the first step that I can take towards my goal?

What can I do today?

What can I do this upcoming week?

Any further plans?

*Be Grateful that your Angels are
always there for you!*